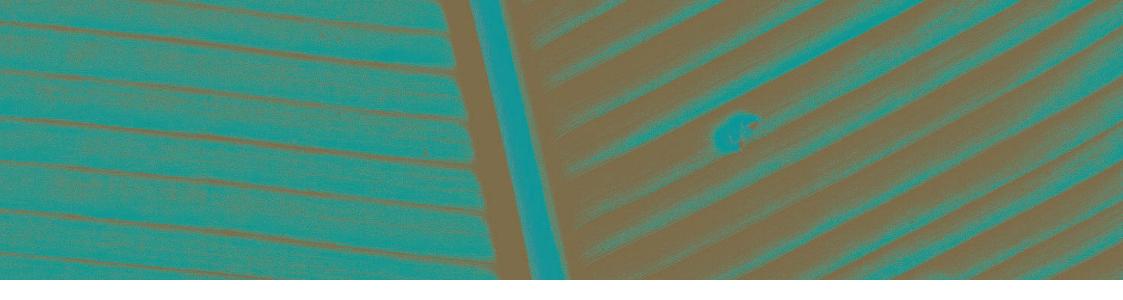


# NKANTIAGINGINTEGRAL

WITH CONCENTRATED PLANT EXTRACTS





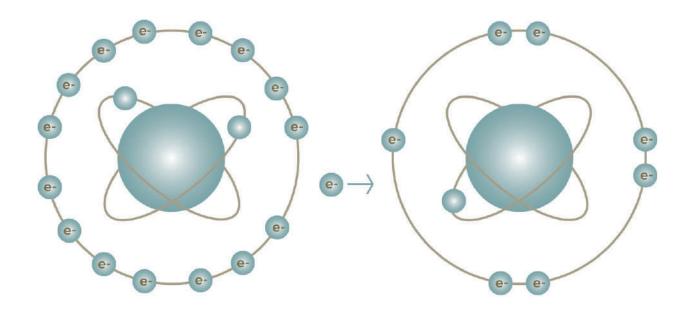
REJUVENATE YOUR BODY FROM THE **INSIDE** TO SEE RESULTS ON THE **OUTSIDE**.

WITH CONCENTRATED

PLANT EXTRACTS. OXXU028

# L'HOW DOES **NKANTIAGING**INTEGRAL WORK?

An excessive amount of reactive oxygen species (RSOs) or **free radicals** in the body can damage cells, which can then potencially lead to cardiovascular disease, diabetes, cancer and neurodegenerative illnesses as well accelerating the signs of premature aging and **damaging internal and external tissues**. These free radicals can be produced endogenously as a result of inflammatory processes caused by aliments or highly intensive physical exercise as well as external factors such as pollution, stress, high consumption of processed food products, lifestyle habits, the consumption of tobacco and alcohol and exposure to chemical products, radiation and UV rays.



FREE RADICALS REFER TO MOLECULES WITH AN UNBOUND ELECTRON IN THEIR OUTERMOST ORBIT. THIS MAKES THEM MUCH MORE REACTIVE AND CAPABLE OF ALTERING BIOLOGICAL SYSTEMS, PRODUCING CHANGES IN THE CHEMICAL COMPOSITION OR STRUCTURE OF CELLULAR COMPONENTS AND MAKING THEM INCOMPATIBLE WITH LIFE.

# JWHY USE NK ANTIAGING INTEGRAL?

Our body naturally produces antioxidants to fight against free radicals. They do so by activating detoxifiyng enzymatic systems and ingesting bioactive molecules with antioxidant effects found in the food we eat. However, we are constantly exposed to free radicals, and our antioxidant system is not enough to fight oxidative stress.

The best way to help this detoxifying process is through our food, eating the appropriate amount of vegetables and fruits. According to the World Health Organisation (WHO), we should consume 400g of vegetables and fruit every day, that is, a total of 5 servings. Research results reveal, however, that only 37% of the population follows these recommentations.

NK ANTIAGING INTEGRAL'S formula contains Oxxynea<sup>©</sup>, a compound featuring 22 concentrated plant extracts and a varied composition of polyphenols which act synergistically and have powerful antioxidant properties. It provides 400g of vegetables and fruits in a daily single dose, representing a significant contribution to our cardiovascular health. In addition, it contains Vitamins C, D and E which help to protect the body from free radicals and to revitalise the skin. It also includes agents such as Artichoke and Horsetail to combat fluid retention and Green Tea and Guarana to burn fat.

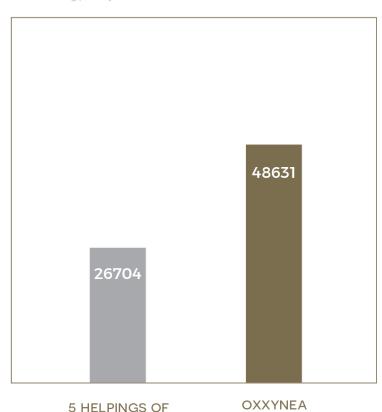


# THE UNDERLYING SCIENCE

The antioxidant power of **NK Antiaging Integral** was analysed using 4 tests, including KRL and the ORAC index. The tests demonstrated its antioxidant potential. It achieved a value of 5000 µmole TE/g on the ORAC index, representing a 182% higher score compared to 5 helpings of fresh fruits and vegetables. These results demonstrate the existing synergy between the product's components.

### ORAC INDEX OF ANTIOXIDANT POTENTIAL (em µmole TE/g)

Dose: 800 mg per day



FRUITS AND VEGETABLES

#### **Actions**

Increases plasmatic antioxidant capacity

Reduces free radicals

Modulates pro-oxidant enzymes

Reduces total cholesterol (without impacting HDL cholesterol)

Reduces the accumulation of fat in arteries

#### **Benefits**

Cardiovascular risk prevention

Reduces risk of cardiovascular disease

Lowers cholesterol

Prevents premature aging

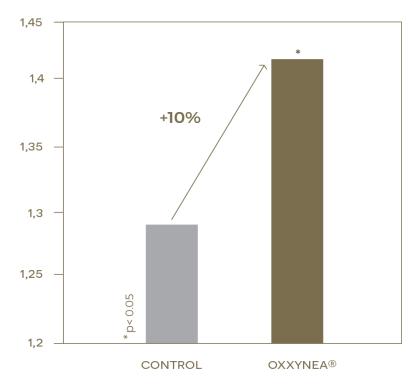
One small dose is capable of meeting daily phytochemical intake needs

Not genetically modified

Dose: 800 mg per day

Comparison between NK Antiaging Integral and 5 servings de fruit and vegetables using the ORAC index.

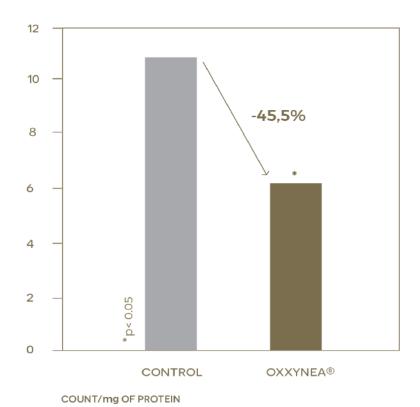
# THE UNDERLYING SCIENCE



TPAC (TOTAL PLASMATIC ANTIOXIDANT CAPACITY) IN MMOL/L

#### Reduction in oxidative stress

The animals given Oxxynea® saw a 10% increase in the quantity of antioxidants in their plasma compared to the control goup, demonstrating the bioavailability of polyphenols in the product. In terms of the production of the superoxide anion, there was a 45.5% and 59.1% reduction, respectively. Fat deposits in the aorta were also analysed, finding a 77% reduction in lipid accumulation in the test group compared to that in the control group.



#### Reduction in hypercholesterolemia and cardiovascular risk

The animals were divided into 4 grups of six. Each group was fed either a standard or atherogenic diet (rich in fats and favouring the development of arteriosclerosis). After 15 days, the animals with the athrogenic diet were observed to have increased their total cholesterol. After 45 days, there was an increase in the production of the superoxide anion. After 84 days, there was an increase in fat deposits in the aorta. Results demonstrated an 11.7% decrease in total cholesterol without interfering in HDL cholesterol.

### NK ANTIAGING INTEGRAL AT A GLANCE

- ▶ Fights against free radicals and delays the aging process
- Improves cardiovascular health and avoids illnesses
- ▶ Contains the daily recommended dose in a single capsule
- ▶ Not genetically modified
- ▶ Gluten free
- ▶ Approved as a dietary supplement in Europe and the US





# NK ANTIAGING INTEGRAL

**NK Antiaging Integral** is a dietary supplement designed to stop the aging process and improve the look of your skin. With OXXYNEA® and its 22 natural and concentrated extracts from fruits and vegetables, it provides the necessary polyphenols in a single daily dose.





#### **PACKAGING**

Primary: silk stick.

Secondary: 30 stick cardboard.

#### **ACTIVES**

Maltodextrin, Oxxynea WS (sulphites), dry horsetail extract, dry guarana extract, dry artichoke extract, dry burdock extract.

#### **ALLERGENS**

Contains fish and sulphites.

#### **INGREDIENTS**

Maltodextrin, Oxxynea WS® (sulphites), aroma, magnesium carbonate, dye: beet red, horsetail dry extract, guarana dry extract, artichoke dry extract, burdock dry extract, dry mallow extract, dry extract green tea, anhydrous caffeine, acidulant: citric acid, sweeteners: acelsulfamo and sucralose, zinc sulfate, DL-alpha tocopherol acetate (fish), nicotinamide, manganese sulfate, calcium pantothenate, retinyl acetate, cholecalciferol, riboflavin, pyridoxine hydrochloride, thiamine hydrochloride, chromium picolinate, pteroylmonoglutamic acid (sulphites) and sodium selenite.



#### Quantitative composition

	Ingredients	Amount per 100 g	Amount per stick (6g)		Ingredients	Amount per 100 g	Amount per stick (6g)	NRV(%)*
	Oxxynea WS®	16666,7	1000		Magnesium	1562,5	93,75	25
	Dry horsetail extract	3333,3	200	1000 mg (Equivalent of plant)	Zinc	41,7	2,50	25
					Manganese	8,3	0,50	25
	Dry Guarana	2650,0	159	35 mg caffeine	Selenium	0,2	0,01	25
	extract				Chrome	0,2	0,01	25
	Dry Artichoke extract	2333,3	140	3,5 mg cynarine	Vitamin C	333,3	20	25
					Vitamin B3	66,7	4	25
	Dry Burdock	2000	120	1400 mg (Equivalent of plant)	Vitamin E	50	3	25
	extract Dry Mallow extract	1666,7	100	800 mg (Equivalent of plant)	Vitamin B5	25	1,50	25
					Vitamin B2	5,8	0,35	25
	Dry Green Tea extract	1400	84	25,2 mg catechins + 5,9 mg caffeine	Vitamin B6	5,8	0,35	25
					Vitamin B1	4,6	0,28	25
	Dehydrated caffeine	300	18	25,2 mg catechins + 5,9 mg caffeine	Vitamin A	3,3	0,20	25
					Folic acid	0,8	0,05	25
					Vitamin D3	0,02	0,001	25

<sup>\*</sup>NRV (%): Nutrient reference values



# NKANTIAGING INTEGRAL

REJUVENATE YOUR BODY
FROM THE INSIDE TO SEE
RESULTS ON THE OUTSIDE.

- 1. Information from the manufacturer
- 2. Sutra et al. A Commercial Extract of Fruits and Vegetables, Oxxynea, Acts as a Powerful Antiatherosclerotic Supplement in an Animal Model by Reducing Cholesterolemia, Oxidative Stress, and NADPH Oxidase Expression. Journal of Agricultural and Food Chemistry, pp. 4258-4263,007.
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- 6. Ribeiro et al. A formação e os efeitos das espécies reativas de oxigênio no meio biológico.
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- 8. Mediterranean Diet, Lifestyle Factors, and 10-Year Mortality in Elderly European Men and Women The HALE Project. Journal of the American Medical Association, 292(12), pp. 1433-1439, 2004.
- 9. Lorgeril et al. Mediterranean Diet, Traditional Risk Factors, and the Rate of Cardiovascular Complications After Myocardial Infarction Final Report of the Lyon Diet Heart Study. American Heart Association, 99, pp. 779-785, 1999.